



## SUSTAINABLE TOURISM IN AMAZON

**Special Program in Manaus developing social work with the communities living in the villages scattered along the edge of the River Amazon in Brazil.**

### Suggested program\*

\* This itinerary is just a suggestion. Program will be prepared as per group size, time availability and kind of work to be accomplished



**Day 1** - Departure from Manaus up Negro River toward the indigenous communities located on the left margin of the river. Lunch on the boat. We will travel approximately 4 hrs up the river arriving at the village. There we'll meet the community leader. He will explain a little about how life is in the community and explain how they use their raw materials. This meeting will mark the beginning of our activities.

We suggest being there that afternoon and the following day, together with the community, trying to improve something that they already developed or teach them something new. This may involve visiting homes or schools, whichever they prefer. If there is a school lecture this would be an ideal time for part of the team do a lecture on protecting the environment while the other part of the team do lecture for the Mothers Club on basic health care. (Canoe Night tour – for Alligator spotting ).



**Day 2** - In the morning we visit where the community gets its raw materials: manioc plantations, jungle hike to get seeds for their crafts, visits and participate in the production of flour, the main food of the region. It would be good at the end of this visit to see what has been learned. Depart that evening and boat across Rio Negro.

**Day 3** - Arrival in the community of Lake Acajatuba and work there with a different village. In this village, they already by themselves develop and project a plan for new trees and we will go with them to assist them in reforestation. In addition, we will visit Lake Acajatuba, one of the most beautiful lakes in this area, and its creeks. ( and a possibility for swimming with the dolphins).

**Day 4** - In the morning departure from Lake down the river to Tupe', and visit the Dessana, a small tribe known for their ritulas and music. Afterwards, we depart for where the Rio Negro and Solimoes meet. This is referred to as the "Meeting of the Waters" which run for more than 12 miles, side by side without mixing to form the Amazon River. The phenomenon is due to differences in temperature, density and velocity of river water. Then we will depart for Manaus and should arrive at approximately 4:00pm.

