



## *Bike tour at Chapada Diamantina*

5 days / 4 nights

### **Lençóis, Igatu and Mucugê**

Special bike program sleeping in different cities around Chapada National Park. This option is ideal for enjoying nature, interact with it and spend energy! Moderate to high technical level, requiring the participants' experience and a lot of willingness to face the ups and downs, river crossings and passages of rock. Remember that after the effort, there is always a great reward.

#### **1 day - SALVADOR / LENÇÓIS**

Arrival in Lençóis, transfer to the hotel. In the afternoon, we'll make a quick city tour in Lençóis. Following, we'll leave by car to Morro do Pai Inácio (Pai Inácio mountain), where after 30 minutes of walking we have one of the most beautiful views of the Park. Note: The visit to Pai Inácio will depend on the arrival time of the group. Overnight at Lençóis

Car: 60 minutes total. (30 minutes each stretch of road)

Walk: 30 minutes of ascent. Walk flat on top

#### **2 days - GARIMPO ROAD - RONCADOR - ANDARAÍ - IGATU**

After breakfast, we'll start our bike tour from Lençóis., with climbs and descents and river crossing. On the way, stop for bathing in Ribeirao and Capivari river until we get to Roncador where we'll have our trail snack. After the refreshing bath, we follow the trail through the city of Andaraí until we face the final ascent to reach the village of Igatu, the "ghost town", where we'll spend the night. Overnight in Igatu

Bike: 46 km with river crossing, climbs and descents on dirt road.

Bath: in Ribeirao, Roncador and Capivari river.



### **3 days - BURACÃO WATERFALL**

Definitely one of the most beautiful waterfalls of the Highlands. Departure by car at 8:00 am towards Ibicoara. 3 km trail to the Buracão waterfall, which can be viewed from the top of his 100m, and the bottom, swimming the beautiful canyons to the well, or walking. On the way back, stop for trail snack and swim in the Orchids waterfall. Return to Mucugê around 18:30 That day, we ride across the dirt road between Ibicoara and Buracão trailhead, a total of 60 km of biking, with many stretches of climbs and descents, but surrounded by a lush landscape!

Trail Snacks

Overnight in Mucugê

Car: 220Km total. (120km Road Highway +40 km + 60km on a regular off-road)

Bike: 60 km

Walk: 6km total (3 km each way)

Bath: Buracão and Orchid waterfalls.

Exposure to high at the top of the waterfall

### **4 days - GUINE – CAPÃO CROSSING**

That day, we'll go by car in the first part of the way to Guinea (45 km) from where we start our ride into the valley of the capon. The trail begins with a steep climb on Beco hill, and then follow through Gerais do Rio Preto, with a privileged view of the valley of Pati. We will have a short descent to reach the Gerais do Vieira, and then a longer descent until we reach Bomba, at Capon Valley, where we'll finish the day. Transfer by car to Lençóis.

Trail Snacks

Overnight at Lençóis

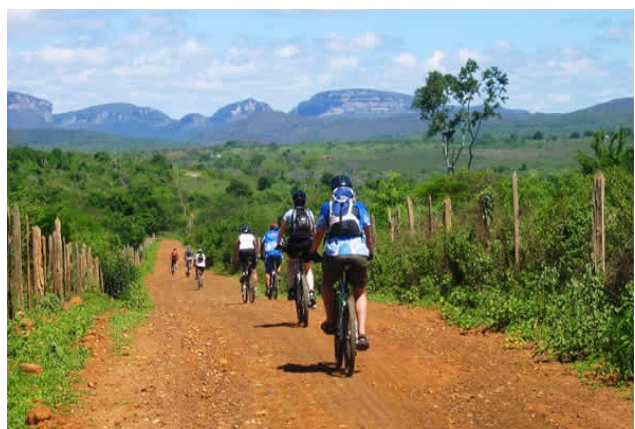
Car: 45 km and 75 km in the morning at the end of the day

Bike: 24 km with long plans, called Gerais, rising early on, and two cuts along the path.

Bath: Preto river

### **5 days – LENÇÓIS / SALVADOR**

Free morning and departure



**Included in the price:**

4 nights accommodation in economic pousadas;

Bike, helmet and gloves

Safe car during whole trip;

Lunch and snack trails during the package;

English speaking guide (specialized in bike tours) and local guide at Buracão

Entrance fees

**Not included:**

Aéreo ou terrestre (Salvador – Lençóis);

Jantares e bebidas;



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